

PAKISTAN ARRESTS SIX IN MUMBAI ATTACK, P4

Celebrity Buzz

No to diets and gym for Scarlett

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Local station pulls Chris Brown tunes

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Shopaholic's 'message' fun

Vancouver Carrying the torch



Olympic torchbearers Caleb Taylor and Patricia Moreno run into Whistler village in Vancouver on Thursday morning, carrying the newly unveiled 2010 Olympic Torch and sporting torchbearer uniforms. Story, pg 4.

Charities feel squeeze

Drives slowing, events cancelled as donations nosedive

VICTORIA HANDSIDES
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Alberta charities are being squeezed in the economic downturn, with few meeting fundraising goals and others pulling the plug on marquee events.

The Big Brothers Big Sisters Changing Lives Million Dollar Lottery will be scaled down in 2009, after organizers barely broke even last year. Slow sales extended the deadline of the lottery, just so the charity wouldn't be in the red. "It's the first time we've ever had to do that," said development manager Ruth McIntyre. "We were within hundreds of dollars

of breaking even."

Expenses for the lottery, including the million-dollar prize, were recovered through ticket sales. Organizers were hoping to raise \$1 million for Big Brothers Big Sisters and Kids Kottage in Edmonton and Calgary.

McIntyre blames harsh competition between charities and a frigid economic climate for the decline in ticket sales.

In Calgary, the Calgary Cares, the Wild Gala and Turn On Calgary can bring in as much as \$200,000 per year, but due to lack of sponsorship in the case of Calgary Cares and lack of ticket sales for the Wild Gala and Turn On Calgary,

"We may have to start looking for smaller places to rent or laying people off."

Greg Belland

they were all cancelled.

"It's a sign of the times," said Greg Belland, executive director of the Southern Alberta Parks and Wilderness Association. The organization runs the Wild Gala, which usually brings in 400 people. This year, only 100 tickets could be sold, and they need more than 250 ticket sales just to break even.

"We're seeing fewer donations, so we also have to do a better job with donor relations," Belland said, adding a drop in donations

has major implications.

"We may have to start looking for smaller places to rent or lay people off."

Calgary Cares, a gala for AIDS Calgary, typically earns up to \$200,000 per year. The event was cancelled due to 50 per cent less support from sponsors.

"A gala event is very expensive," said AIDS Calgary communications analyst Amanda Chapman. "So we're making a switch to having an annual giving campaign, which would not incur the same costs."

No plans to change city's Taser policy

JEFF CUMMINGS
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Police services in Edmonton are not going to change policies around Tasers, they say, after the RCMP moved to restrict the use of the stun guns because it can kill in certain cases.

Mounties will now only use Tasers if there is real threat to public safety, because it's too dangerous to use on suspects who are only resisting arrest, said RCMP Commissioner William Elliott in Ottawa on Thursday.

Const. Joe Tassone, a conductive energy device instructor with the Edmonton Police Service's training section, said the program in the city is "monitoring" the decision, but there are no plans to change policies.

"I can tell you that right now, the Edmonton Police Service is confident in their policy with respect to the Taser and it's assessed at an ongoing basis," said Tassone. "We base our decisions on research and factual data to make certain that we are providing the best possible training for our members."

The Taser — made by U.S. firm Taser International Inc. — incapacitates people through a 50,000-volt jolt of electricity. Police say they are needed as a non-lethal alternative to firearms.



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Local



Earnings cool off for Cold-FX

The Edmonton makers behind Cold-FX are blaming lower sales and higher marketing costs for its downfall in first-quarter earnings, the company said Thursday. Earnings in the quarter ending Dec. 31 were \$2.8 million, down from \$6.8 million the previous year. The company says more cash is being spent on broadening its client base and developing new products.

METRO EDMONTON



Georgina and Gordon Martin.

Zeroes add up for lucky couple

FORT SASKATCHEWAN When five million dollar signs flashed in front of his eyes after stopping to check his Super 7 tickets last Sunday night, Gordon Martin was sure it was a mistake.

The Fort Saskatchewan man was returning home from a weekend trip to Calgary when he stopped at a Husky station to gas up and check his tickets.

"(The cashier) said it was a \$500,000 winner, but then we counted the zeroes and it was \$5 million. The clerk said 'I can't pay that!'" Martin said in a press release.

When he rushed home to tell his wife, Georgina, she double- and triple-checked to make sure the win wasn't a dream.

"I couldn't believe it — I've never seen that many zeroes before," she said.

The pair haven't decided just how to divvy up the millions, but will definitely help family members, travel and retire early.

The Martins could not be reached for comment on Thursday.

METRO EDMONTON

Station bounces Brown

R&B artist's tracks pulled after alleged assault on Rihanna

VICTORIA HANDYSIDES
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A local radio station has yanked R&B star Chris Brown's tracks from its playlist after allegations that he attacked his pop princess girlfriend, Rihanna.

After unofficial sources and media reports claimed Brown, 19, assaulted the Grammy-award winner Sunday, 91.7 The Bounce decided to pull his tracks the next day.

"The allegations and charges that are coming forward from the police in California, we decided to take the songs off air for the time being until we get some clarity on what happened," said CHUM Radio general manager James Stuart.

Though the station hasn't received any angry calls about Brown's music, the decision to yank the tracks was a no-brainer for management.

"Most of his songs deal with the relationship side ... These are sensitive and serious topics as far as alle-



Edmonton DJ Randi Chase and her fellow disc jockeys at 91.7 The Bounce have stopped playing R&B artist Chris Brown in light of a recent alleged assault involving Rihanna.

gations of abuse in relationships. It seemed inappropriate to play songs that reflected the exact opposite of that," Stuart said.

Women between the ages of 18 and 24 are most at risk for violence in dating relationships, said San-

dra Danco, executive director of Edmonton Women's Shelter.

The way women are portrayed in rap culture alone, Danco said, has an extreme influence on teenage girls and young women.

She said on Thursday that the station deserves credit for being cognizant of its audience.

"When violence in a relationship is promoted by a popular, cultural expression, it's hard to get it out of our way of thinking."

Crime spree involved alleged hatchet wielders

Police are looking for two men and another who was carrying a hatchet after a string of robberies and smash-ups in the city's south side Wednesday night.

The spree of crimes began around 4:45 p.m. when a man used a hatchet to

smash a window of a BMW parked along Terwilligar Boulevard, police said.

That was roughly 30 minutes before a Honda was broken into on McTaggart Drive, which followed another vehicle window being broken with a hatchet on McLuhan Road, said po-

lice.

Police also believe the same group robbed a man of his iPod while he was walking on Tredger Close, and it's believed the trio attacked another man near 17 Avenue and 65 Street while one suspect brandished a hatchet.

City cops said they're looking for a light-coloured, older model, rusty four-door Toyota.

All three males are described by police as South Asian males with average builds who were seen wearing baggy clothing.

METRO EDMONTON

News in brief

OILSANDS The provincial government says it will enhance its economic growth of the oilsands while improving the province's environmental footprint and quality of life in a new, 20-year plan released Thursday. The 50-page document, however, was light on details on how the province was going to change emissions over the next two decades. "This is laying out a long-range plan to work together ... to develop this world-class resource responsibly," Premier Ed Stelmach said.

COURT A former Edmonton cop has been acquitted of impaired driving charges. Douglas Kurtis Brown, 30, had five charges of impaired driving causing bodily harm and one count of driving with a blood alcohol level over .08 tossed by a judge Thursday, who ruled officers had no grounds to give a breath test following an accident in May. Brown now faces four counts of dangerous driving causing bodily harm. **METRO EDMONTON**

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What's online today.

Video Creators of the 2010 Olympic torch discuss the technical and artistic challenges of creating the ski-inspired design at metronews.ca/canada.

Video Canadian scientists make a breakthrough discovery on songbird migration at metronews.ca/canada.

Video Cities across Canada kick off the one-year countdown to the 2010 Games at metronews.ca/canada.



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John David (JD) Burnes was one of the 31 people arrested last week in an Ontario-wide child pornography sweep. The 20-year-old Queen's University student is charged with one count each of possession of child pornography and one count of making available child pornography. Burnes, a Toronto native, placed 63rd in archery at the Beijing Games. **TORSTAR NEWS SERVICE**

Canada/World

Many milestones left for VANOC

COUNTDOWN Organizers of the 2010 Vancouver Olympics still have to cross a number of milestones before the opening ceremonies take place Feb. 12, 2010 at B.C. Place Stadium. Among them:

- The designs for the 2010 medals and the Olympic cal-dron. No date has been publicly announced for either.

- Later this month, VANOC will issue a call for performers to take part in the opening and closing ceremonies.

- March 12 marks the one-year countdown to the Paralympic Games.

- Tickets to the Paralympics go on sale May 6.

- The Olympic torch relay kicks off Oct. 30 in Victoria, B.C. **JEFF HODSON/METRO CANADA**

News in brief

CHALLENGE Will the women jump? That's one of the unresolved issues one year ahead of the 2010 Olympics. While male ski jumpers are taking part in the Games, female jumpers have been told to stay grounded on the basis of there

being too few women competing worldwide. Ten female jumpers from six countries have filed a lawsuit alleging gender discrimination. The case opens in B.C. Supreme Court on April 20.

METRO CANADA

A 'magnificent' torch

JEFF HODSON
Metro Canada



A crowd of about 1,000 cheering people gathered in lightly falling snow in Whistler's village square Thursday morning to welcome the torch that will carry the Olympic flame in its 45,000-kilometre, 12,000-torchbearer relay across Canada in the months leading up to Vancouver's 2010 Games.

The torch, a graceful, curving modern design, is supposedly inspired by Canada's winter landscape, particularly the "fluid lines"

VANCOUVER
2010 Games

left in the snow from winter sports, said Pierre Beaudoin, CEO of Bombardier, the company that designed it.

The torch is white on its sides and stainless steel on its front. It is 94 centimetres in length, widening in the middle and tapering gently upward to the burner. The Vancouver 2010 Inukshuk logo is emblazoned on either side.

Jacques Rogge, president of the International Olympic Committee, said he thought the Olympic



Olympic torchbearers Caleb Taylor and Patricia Moreno display the 2010 Olympic torch in Whistler, B.C., on Thursday morning.

torch was "magnificent," adding its flame "is a symbol of the fire burning in the hearts of all athletes."

VIDEO Creators of the 2010 Olympic torch discuss the challenges of creating the ski-inspired design online at metronews.ca/canada

What you need to know about

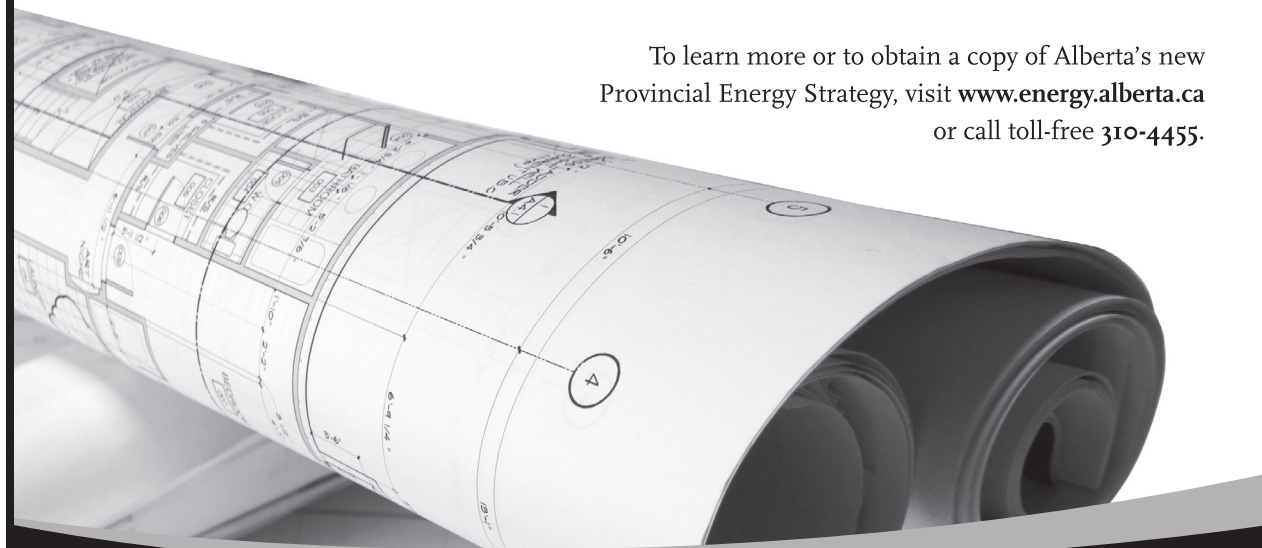
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- Change energy consumption behaviour by industry and consumers through enhanced conservation and emissions reductions.
- Support all Albertans in their individual efforts to make wise energy choices.

To learn more or to obtain a copy of Alberta's new Provincial Energy Strategy, visit www.energy.alberta.ca or call toll-free 310-4455.



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6 arrested in Mumbai probe

Pakistan was holding in custody the suspected ringleader and five other suspects in the conspiracy behind a militant attack that killed 179 people in Mumbai, the top Pakistani Interior Ministry official said on Thursday.

"Some part of the conspiracy has taken place in Pakistan," Rehman Malik, adviser to the prime minister on the interior, told a news conference.

In a statement, the Indian Foreign Ministry called the Pakistani actions a "positive development."

Tracing telephone calls and bank transfers had led to the capture of a key figure in the conspiracy, Hammad Amin Sadiq, Malik said, calling him "the main operator."

The spokesman noted

Tensions still high

- Since the attack on Mumbai between Nov. 26 and 28, tensions have remained high as India maintains the plot was hatched in Pakistan by a jihadist group called Lashkar-e-Taiba.

Pakistan has learned "the full rundown" of the plot details from the arrested: how terrorists sailed from Karachi to Mumbai on a fishing vessel, the training they were given and the equipment used.

Zaki-ur-Rehman Lakhvi, Zarar Shah and Javed Iqbal were still in custody, Malik said, as well as two partially identified men named Khan and Riaz. Two suspects are still at large.

REUTERS

Scientists knew satellite crash could happen

SPACE European space scientists were aware of the potential for a close encounter before Russian and U.S. satellites before they crashed on Tuesday, 780 kilometres above the Arctic. However, they said the difficulty of predicting orbits and "noise" from thousands of pieces of space debris made a definitive prediction of a collision impossible. **REUTERS**

News in brief

TRAFFICKING Human trafficking for the sex trade or forced labour market appears to be getting worse because 40 per cent of affected countries are ignoring the problem by not convicting offenders, a crucial deterrent, the United Nations Office on Drugs and Crime said.

ISRAEL Final results of Israel's parliamentary election confirmed Foreign Minister Tzipi Livni took 28 seats over Benjamin Netanyahu, with 27 — but a dispute was not solved over who should lead a coalition government. **REUTERS**

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In these hard economic times, who wouldn't like to win \$500,000? Heck, I'd like to win half a million no matter what the economy is doing!

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books and DVDs.

Now, you don't have to buy the products to play the sweepstakes, but we've learned their marketing tactics have left a lot of Canadians confused.

Like Russell Quantz, of Claresholm, Alta. He thought the more products he ordered, the better his chances of winning the sweepstakes.

The trouble is, Quantz spent almost \$7,000 chasing that dream — a bill



More tips to protect yourself and family from spending money on sweepstakes at metronews.ca/johnson

with Reader's Digest so big, he couldn't pay it. And we've heard from many people saying they feel misled by the company's marketing.

A crackdown south of the border forced Reader's Digest U.S. to change its marketing tactics. Now, in the U.S., every letter from Read-

er's Digest has to include a separate piece of paper spelling out in BIG print that people don't have to buy products to play the sweepstakes. Reader's Digest also has to write any customer who spends more than \$1,000 in a six-month period — and tell them they don't have to buy products.

But in Canada, it's business as usual. Reader's Digest Canada declined an interview request and instead sent us a letter. Its main

point — its rules are perfectly clear. By the way, those rules are typed in print so small you practically need a magnifying glass to read it.

It's all made Quantz doubt the Reader's Digest motto: Canada's "Most Read, Most Trusted" magazine.

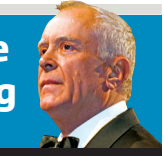
Erica Johnson is a journalist and co-host of CBC News: Marketplace, Canada's award-winning consumer affairs show. CBC News: Marketplace airs each Friday night at 8:30 p.m. (9 p.m. NT) on CBC Television.

Views

Edmonton's multiculturalism takes a hit

UrbanCompass

Terence Harding



Imagine that you've moved to a new city where you have no friends or relations. How would you learn how things work in your new home?

You would probably look at your new city's website. You could reasonably expect that you could find out about bus schedules, recreation facilities and so on. If you were thinking about starting a business, you would expect to find infor-

mation about how to go about getting a licence and finding information about zoning restrictions and the like.

Now imagine you are a newcomer to Edmonton and you visit our city's website. Not surprisingly, many of the things that you are likely to look for are there. You can, in fact, find out about transportation, jobs with the city, bylaws, etc. You can also find out about initiatives the city is undertaking with planning, housing for the homeless and so on.

So far, so good. Now try this. In the search area, enter the words "foreign language." If you do, up will pop a number of items, one of which is Edmonton So-

cial Plan — New Canadians and Visible Minorities (2006). Cool. This shows you that you have chosen a city that acknowledges newcomers. In fact, there are a number of areas on the website that talk about Edmonton's multicultural nature.

But let's take a look at the social planning report more carefully. On page 21, you will find this bit of information. In 2005, 38.6 per cent of newcomers to Edmonton spoke neither English nor French. This should come as no surprise to anyone. As the report also shows, in 2005, immigrants from China accounted for 18 per cent of new Edmontonians, the Philippines contributed 13.7 per cent and

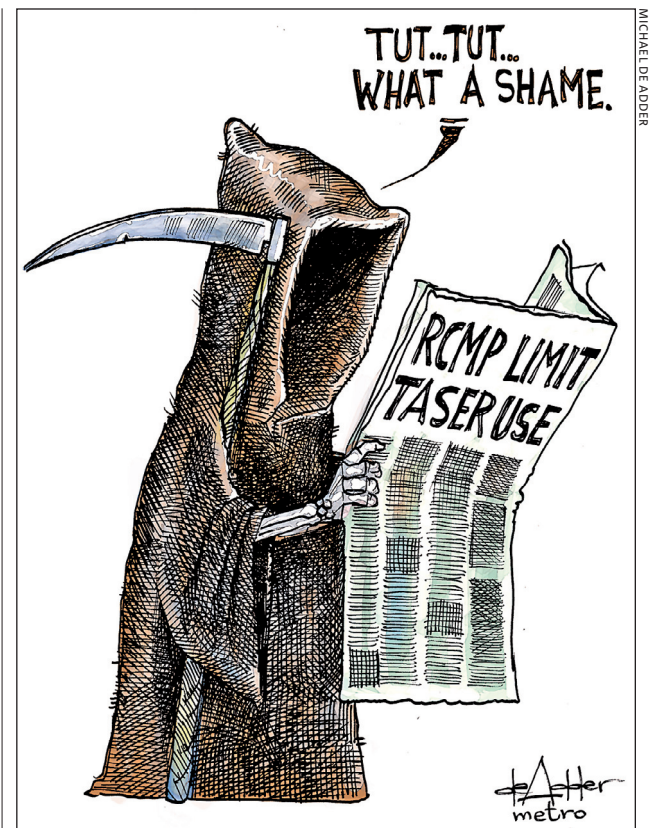
India 13.5 per cent.

Now let's go back to the home page of the city's website. Look at it carefully. See if you can notice something that is quite strange given the report you have just read. Tick tock, tick tock. Time's up.

Did you notice the entire site is in English? Is there any area to click on if you're not an English speaker? Is there any indication of who you could contact if you needed someone to explain how the city works in your mother tongue?

So much for our reputation as a multicultural city.

Terence Harding is a corporate communicator and a keen observer of all things Edmonton.



It's your turn to tell others what you think. Email your thoughts and opinions to: edmontonletters@metronews.ca

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Shock jock Howard Stern dismissed the financial troubles plaguing Sirius XM Radio Inc. as "growing pains" and said he believes satellite radio will be a successful business amid reports that the company is preparing for a possible bankruptcy filing. **REUTERS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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Wealthy seeking love

Wall Street Cupids find business booming

It's all doom and gloom on Wall Street, but high-end matchmakers say when America's wealthiest bachelors are humbled, some start looking for love.

"In these economic times, the dynamics have really shifted in favour of relationships," said Rachel Greenwald, matchmaker and author of a new book called *Why He Didn't Call You Back*.

"Casual dating seemed to be a byproduct of the go-go days of past years when the stock market was booming," Greenwald said.

"People had disposable money and they wanted disposable relationships. Now things have really shifted emotionally."

Samantha Daniels says she has more clients than

Valentine's Day

ever willing to pay \$25,000 and up a year to meet women through her company, Samantha's Table. She said some men simply have more time to focus on relationships now because their business is on hold, for example those who work in real estate or hedge funds.

Others are not in the mood for endless first dates with different women and want a partner who will deal with their ups and downs.

Amy Andersen, founder of Linx Dating in California, said February is set to be her best month ever.

She recently spent a

"In these economic times, the dynamics have really shifted in favour of relationships."

Rachel Greenwald, matchmaker

week at a luxury hotel in New York interviewing some 20 women for a client who wanted to meet a graduate of the same Ivy League university he attended.

The client, who paid more than \$50,000 for the search, is "slowly dating one of the girls and trying to figure out if there's long-term potential there," Andersen said.

REUTERS

Indonesia Denouncing coal



Greenpeace activists and local community representatives take part in a protest outside the Cilacap coal plant in Indonesia yesterday to denounce the construction of more such plants. More than 3,000 residents or 90 per cent of people living around the plant suffer from respiratory illnesses that can be attributed to dust pollution coming from it, local media recently reported.

Manulife posts \$1.87B quarterly loss

REPORT Manulife Financial Corp., Canada's largest insurer, reported a big quarterly loss yesterday, hit by a jump in reserves and plummeting global stock markets.

The company said it lost \$1.87 billion, or \$1.24 a share, in the fourth quarter ended Dec. 31, compared with a profit of \$1.14 billion, or 75 cents a share, in the same period last year.

Manulife said the sharp decline in global equity markets had led it to increase its balance sheet reserves to cover investment guarantees linked to some of its products to \$5.783 billion at the end of 2008 from \$526 million at the end of 2007.

REUTERS

In brief

RETAIL Sales at U.S. retailers rebounded in January, rising one per cent, government data showed yesterday, likely boosted by post-holiday discounts.

CANWEST Debt-laden Canwest Global Communications Corp. may face bankruptcy as the weak economy wreaks havoc on its stable of television stations and newspapers and buyers for its assets fail to materialize, say experts.

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Coca-Cola profit better than expected

Coca-Cola Co. posted a better-than-expected quarterly profit of \$995 million US yesterday, causing shares to rise six per cent. **REUTERS**

business 9

Great-West loses \$907M

Great-West Lifeco Inc., Canada's second-largest insurer by market value, reported a big quarterly loss yesterday as it took more than \$1.4 billion in charges related to its Boston-based Putnam money management unit.

Great-West reported a loss of \$907 million, or \$1.011 a share, in its fourth quarter ended Dec. 31.

That compared with a profit of \$537 million, or 60.1 cents a share, in the year-earlier period.

The insurer said adjusted net income from continuing operations was 58.6 cents per common share in the quarter.

The insurer, controlled by Montreal-based Power Financial, took a series of hefty charges related to

the Putnam Investments operation it acquired in 2007. This included a non-cash impairment charge of \$1.35 billion after-tax in connection with Putnam's goodwill and intangible assets.

Winnipeg-based Great-West said it also took a restructuring charge of \$45 million related to the money manager. **REUTERS**

Hindu group opposed to Western foods to launch cows' urine soda

INDIA A hardline Hindu organization, known for its opposition to "corrupting" Western food imports, is planning to launch a new soft drink made from cow's urine, often seen as sacred in parts of India.

The Rashtriya Swayam-sevak Sangh (RSS), or National Volunteer Corps, said the bovine beverage is undergoing laboratory tests for the next two to three months but did not give a specific date for its commercial release.

The flavour is not yet known, but the RSS said the liquid produced by

Urine's value

- Many Hindus consider cow urine to have medicinal properties, and it is often drunk in religious festivals.

Hinduism's revered holy cows is being mixed with products such as aloe vera and gooseberry to fight diseases such as diabetes and cancer.

The organization said it had not decided on a name or a price for the drink. **REUTERS**

Recession to last 3 years: Experts

FORECAST The current recession will last at least three years and possibly longer, absent a revival in credit markets, according to investors who specialize in distressed debt and bankruptcy.

"This is going to be a three- to four-year disaster," said Michael Psaros, managing partner at KPS Capital Partners.

Holly Etlin, a managing director at AlixPartners, said financial distress will last three to five years due to a lack of liquidity in credit markets and lack of debtor-in-possession financing. **REUTERS**

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Sports

EDITOR: JOHN.CHICK@METRONEWS.CA

Sports in brief

MLB Baseball commissioner Bud Selig released a statement Thursday addressing this past week's revelation that New York Yankees third baseman Alex Rodriguez ad-

mitted to steroid use. "While Alex deserves credit for publicly confronting the issue, there is no valid excuse for using such substances and those who use them have shamed

the game," Selig said. "What Alex did was wrong and he will have to live with the damage he has done to his name and reputation."

METRO NEWS SERVICES


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Arrests made in Phelps case

Authorities in South Carolina have been arresting people as they seek to make a case against superstar swimmer Michael Phelps, lawyers for two arrested people said Thursday. The lawyers said their two clients were renters at the house where the party in which Phelps was photographed smoking from a bong took place.

METRO NEWS SERVICES

Pressure starts now

VANCOUVER 2010 Games

Brian Burke can already see it and Steve Yzerman can already feel it: The pressure to win Olympic gold in hockey is all on Canada.

Burke, the GM of the American entry, and Yzerman, the GM of Team Canada, held separate conference calls to talk about their selection process with the Olympic hockey tournament one year away.

"I was there in Vancouver when they opened that envelope (to award the 2010 games)," said Burke. "At that moment, all the pressure shifted to the Canadian team for the hockey part of this tournament."

"Our (U.S.) squad is going to fly under the radar. That's fine. There's going to be this huge glacier of pressure on the Canadian team."

While Burke was busy piling the pressure on Canada, Yzerman tried to manage national expectations a little bit.

"I think everyone has to realize and accept the fact that in these tournaments — one-game elimination — anything can happen," said Yzerman.

Yzerman was far more comfortable talking about the kind of team he wants to wear the red and white in the Olympics. It sounds

a lot like the team that wears red and white in the NHL.

"I don't expect to be run and gun. We're not going to sit back and be a defensive team, sit back and trap. We've got to attack, we've got to defend," said Yzerman. "The Red Wings won the Stanley Cup and they were excellent in both ends of the rink."

With the Olympic hockey tournament one year away, Yzerman was taking questions on a conference call yesterday as he outlined his philosophy on how he intends to build a team.

One-dimensional checkers need not apply.

"I don't want to leave off a goal scorer to bring in a guy who's a designated third-line checker," said Yzerman.

"That doesn't make sense. The best defensive lines are guys who can do it in both ends of the rink."

A coaching staff will be named shortly after the Stanley Cup is awarded, with invitations extended to players by July 1 to attend a week-long camp Aug. 24 in Calgary.

"Our (U.S.) squad is going to fly under the radar. That's fine. There is going to be this huge glacier of pressure on the Canadian team."

Team USA
GM Brian Burke

But Yzerman confessed he's faced with an embarrassment of riches in trying to pare a roster down to 13 forwards, seven defencemen and three goalies.

For one thing, depth at centre suggests Yzerman could have players playing out of position. Consider the availability of centres Sidney Crosby, Ryan Getzlaf, Vincent Lecavalier, Marc Savard, Eric Staal, Jeff Carter, Mike Richards, and Jonathan Toews.

Burke has his own bit of stickhandling to do when it comes to picking his coach. His friend and Maple Leafs coach, Ron Wilson, is a candidate for the U.S. job, but not a shoo-in.

"Our friendship is going to survive this (Maple Leafs) relationship," said Burke. "And it's strong enough that it's going to survive Olympic selection."

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Movies & Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Shop 'til you drop

Pg 12



Shopaholic is a fun interpretation of the first in the best-selling Shopaholic book series and lives up to a Jerry Bruckheimer quality with plenty of laughs and a sweet — however predictable — romance. Isla Fisher proves charismatic and vivacious.

movies

Pg 13



Friday the 13th is truly scary — for a movie reviewer.

music

Pg 16



Alan Cross explains what love songs really mean.

7th heaven

Pg 17



Why is this saucy songstress on our weekly hot list?



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Movies

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Shopaholic deserves credit

Confessions of a Shopaholic

Director: P.J. Hogan

Stars: Isla Fisher, Hugh Dancy

Classification: PG

Rating: ●●●●

ROBYN YOUNG
for Metro Canada

Confessions of a Shopaholic doesn't disappoint as a fluffy chick flick with a bit of a message that may be perfectly in time with the global recession.

But leave your credit cards at home when you go see it. It takes some will power to avoid the temptation to shop after being inundated with fashion eye candy for just under two hours.

True to Sophie Kinsella's book of the same name, Shopaholic's main character

Rebecca Bloomwood (Isla Fisher) is a hardcore shopping addict who's racked up over \$9,000 in credit card debt.

It's a fun interpretation of the first in the best-selling Shopaholic series and lives up to Jerry Bruckheimer quality with plenty of laughs and a sweet — however pre-

dictable — romance between Fisher and hot up-and-coming Brit Hugh Dancy.

Fisher is well-chosen for the part as the charismatic and vivacious, but at times goofy and awkward, Rebecca who seems ignorant of her own beauty and talent as a journalist.

On the web

- For a trailer and screen times for Confessions of a Shopaholic, visit metronews.com/movies.

The best part of the film is a dancing scene with her leading man where Fisher goes full-tilt on the goofy train, a segment which Dancy says was completely improvised.

"A COMIC GEM."

Paul Fischer, DARK HORIZONS

STEVE MARTIN is INSPECTOR CLOUSEAU

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Captain Nemo surges ahead

Director McG's next project, 20,000 Leagues Under The Sea: Captain Nemo, has been fast-tracked by Disney, with screenwriter Justin Marks coming on board to reshape the script. EMPIREONLINE.COM

Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

The International grounded by plot

The International

Director: Tom Tykwer
Stars: Clive Owen, Naomi Watts
Classification: 14A
Rating: ●●●

STEVE GOW
for Metro Canada



There should be no doubt that *The International* is a big movie. It's practically the only revealing aspect one might reason from its vague, inconclusive title.

Indeed, filmed in four countries across two continents, *The International* may be a global thriller, but it may also be too sprawling for its own good.

Interpol agent Louis Salinger (Clive Owen) has dedicated his career to taking down a powerful international bank that has been secretly dealing in financing terrorism around the world. After an associate is mysteriously killed, he seeks support from a Manhattan District Attorney (Naomi Watts) and sets out to chase down the cold-blooded corporate culprits from Berlin to Milan to New York and Istanbul.



Clive Owen stars in the thriller *The International*.

Unfortunately, as fascinating as these locales are — and director Tom Tykwer (*Run Lola Run*) does make them look fantastic — this worldwide chase becomes plodding and tiresome early on by an eagerness to establish expanse (we all get it, it's a big bank).

In fact, it isn't until Salinger finds himself in a well-choreographed shoot-out in Manhattan's Guggenheim that *The International* becomes the taut, suspenseful homage to '70s thrillers like *The French Connection* that it aspires to be. In this scene, Tykwer exceeds at creating

an intensely thrilling sequence that will surely end up *The International's* lone lasting impression.

Playing an all-but-defeated obsessive, Owen looks authentically exhausted. He appears as disheveled and worn as his world-weary character but then, that might've been more because of the actor's exaggerated travel schedule.

In the end, it's the superfluous, tedious story that bogs down *The International* and makes its audience feel jet-lagged — as if they were the ones dragged across four countries and two continents.

"A SHOPPING BAG FULL OF LAUGHS!"

Rosey Edeh, ENTERTAINMENT TONIGHT CANADA



"Isla Fisher is irresistible, in her most charming role yet."

Teri Hart, THE MOVIE NETWORK

I S L A F I S H E R

CONFESSIONS OF A SHOPAHOLIC

TOUCHSTONE PICTURES AND JERRY BRUCKHEIMER FILMS PRESENT A P.J. HOGAN FILM "CONFESSIONS OF A SHOPAHOLIC" ISLA FISHER HUGH DANCY JOAN CUSACK JOHN GOODMAN JOHN LITHGOW KRISTIN SCOTT THOMAS LESLIE BIBB KATHY NELSON JAMES NEWTON HOWARD MIKE STENSON CHAD OMAN RON BOZMAN

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No scares in Friday

Friday the 13th

Director: Marcus Nispel
Stars: Jared Padalecki
Classification: R
Rating: ●●

STEVE GOW
for Metro Canada



REVIEW When director Gus Van Sant remade *Psycho* back in 1998, it was slayed by critics. Although trying to recreate the Hitchcock classic shot-for-shot was a daft experiment, it was doomed to fail. You cannot recapture lightning in a bottle twice. Why even try?

Friday the 13th is one so-called classic in which that strategy may have actually helped. After all, the original 1980 version was a low-budget, low-brow horror flick that looks horrific by today's standards. A revamped shot-by-shot remake from a talented director might

actually give the gore-fest some gas.

Instead, director Marcus Nispel "re-imagines" Friday the 13th and its classic killer Jason Voorhees by form-fitting it into a common model. Sure, he gives the franchise a much-needed steroid boost but by turning the film's awareness in on itself, he loses the authenticity of the horror.

The plot is simple (and familiar): When his sister goes missing, Clay Miller (Jared Padalecki of TV's *Supernatural*) heads out to the woods near Camp Crystal Lake with an armful of flyers. There, he meets a group of arrogant rich kids and discovers the remains of an old cabin. Want to guess what happens next?

There's no mistaking Friday's intentions — this is definitely for Jason Voorhees fans. But, with very little suspense to speak of, Friday the 13th isn't scary at all...unless of course, you're a film critic.

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WRITTEN BY DAVID BOURLA DIRECTED BY PAUL MCGUIGAN

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Sea 3-D stunning

Under the Sea 3-D

Director: Howard Hall

Classification: STC

Rating: ●●●●½

PHIL BROWN
for Metro Canada



REVIEW Visually stunning from the first frame to the last and laced with plenty of information that will subtly educate the stunned and awed audience, Under the Sea 3-D is one of the most impressive examples of the IMAX 3-D format to date.

The film was directed by Howard Hall, whose previous underwater IMAX project, Deep Sea 3-D, is the second highest grossing IMAX doc to date. Hall is a master of creating immersive 3-D images that bring the audience as close to actual underwater diving as possible without getting wet.

The movie is filled with unforgettable images that come alive on the massive IMAX screens. Some sequences such as a sea turtle eating a jellyfish or the bizarre mating rituals of the giant cuttle-



A scene from IMAX film Under the Sea 3-D.

fish have an almost hypnotic pictorial beauty.

When combined with the increasingly impressive modern 3-D technology the result is gorgeously stylized, yet realistic enough to have children and gullible adults grasping at the screen. Due to the vast scope of the IMAX screen the 3-D technology is not merely a gimmick like the goofy '50s horror films John Candy used to mock on

SCTV, but an incredible form of immersive visual storytelling that makes the screen feel like a window.

There's no denying that the primary success of Under the Sea lies in its wow factor. Jim Carrey narrates the piece, dropping facts to keep things educational, but frequently the imagery is so compelling that it can be difficult to concentrate on anything else.

No-frills approach

Ballast

Director: Lance Hammer

Stars: Michael J. Smith Sr., Tarra Riggs

Classification: 14A

Rating: ●●●●½

ROBYN YOUNG
for Metro Canada



Ballast, by first-time writer and director Lance Hammer, has already earned critical acclaim with two awards at the Sundance Film Festival and four nominations for the Gotham Independent Film Awards including breakthrough director and best picture.

But even with that pedigree, it requires some patience to sit through this piece about three people whose lives are hastily thrown together in the wake of a suicide.

Ballast is a slow-moving portrait of the grim realities of poverty and disadvantage in southern Mississippi and all three main actors, new to the big screen, serve up performances that are far from amateur.

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Music

Tips for avoiding a mixtape mishap

SoundCheck

Alan Cross



alan@ongoinghistory.com

If your plans this Valentine's Day include creating a mixtape for your beloved, here are some helpful hints that will help you avoid anyone, er, misinterpreting your true intentions.

• **One, U2:** Like U2 themselves, I've been to far too many weddings where this

has been the bride and groom's first dance and each time I cringe. First, the song had such a difficult birth that it almost resulted in the breakup of U2. More importantly, is the grudging love/hate nature of the lyrics. The wrong message: We're together, but only because

Valentine's Day

we have to be to survive.

• **With or Without You, U2:** Sure, it sounds all romantic, but again, take a very close listen to the lyrics. The song is written from the perspective of a man who both loves and reviles

the object of his affections and is tortured by the contradictions of the relationship. The wrong message: Women — can't live with them, can't live without them.

• **Every Breath You Take, The Police:** A track that sounds like a love song, but is actually a statement of malicious intent by a stalker. And do you really want to include a song that Sting was inspired to write after he separated from his first wife? On a happier note, Sting was in Jamaica at the time and wrote the song on the same desk that Ian Fleming used when he wrote all those James Bond novels. Then again, James Bond isn't the most faithful of men, either, is he? The wrong message: I'm watching you — and I'm gonna get you when you least expect it.

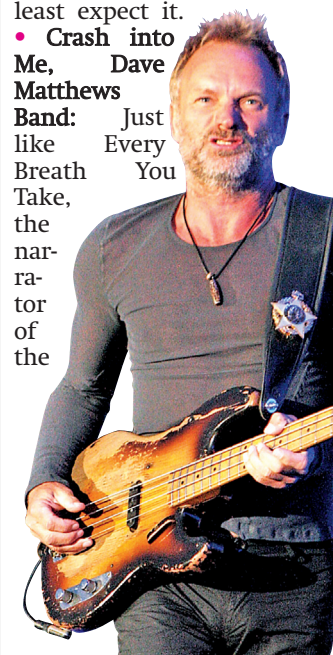
• **Crash into Me, Dave Matthews Band:** Just like Every Breath You Take, the narrator of the

I've been to far too many weddings where (U2's One) has been the bride and groom's first dance and each time I cringe.

song is a stalker-ish creep, specifically a peeping tom. And the bit about being "tied up and twisted?" Hmm. The wrong message: I'm a perv.

• **The Best of My Love, The Eagles:** Don Henley's ode to inadequacy. What part of "You got the best of my love/I guess that wasn't enough" is unclear? The wrong message: I did my best to please you, but I guess I'm just an inadequate dork.

• **The One I Love, REM:** Forget the angry minor key for a second, although that doesn't help. Instead, skip to the part where Michael Stipe calls the subject of the song "A simple prop to occupy my time." The wrong message: You're a waste of space and I feel abandoned because of it.



Every Breath You Take, penned by Sting, sounds like a love song, but is actually a statement of malicious intent by a stalker.

GETTY IMAGES

The Ongoing History of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com

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Wal-Mart has high hopes for Twilight

Wal-Mart Stores Inc. is hoping that the vampire romance movie Twilight will mean runaway success at its cash registers. The Twilight movie DVD is slated for release on March 21. METRO NEWS SERVICES

Television

Metro's 7th Heaven: What's hot right now

1 Lily Allen
MUSIC Lily Allen may have a potty mouth at times, but the singer sounds positively perfect on her new CD, It's Not Me, It's You. Allen's second album is getting great reviews — and the songstress will be featured on a half-hour CTV ETalk special on Saturday.



2 Mamma M.I.A.
PERFORMANCE The very pregnant M.I.A. not only showed up at last Sunday's Grammy Awards — the singer did so on her due date. Nominated for record of the year, M.I.A. also performed at the show. Word is her fiancé took a stopwatch to the show, just in case he needed to time her contractions. No word on whether the baby has been born yet.

3 Rihanna and Chris
GOSSIP It seems everyone is waiting for more details about what exactly happened between Chris Brown and Rihanna. The couple was a no-show at the Grammys; Rihanna cancelled some concerts this week; and Wrigley's suspended an ad campaign featuring Brown.

4 Koala love
POP-CULTURE It seems the public is re-discovering the koala. Sam, the most famous furry survivor of Australia's worst-ever wild fires, has captured hearts around the world, reports indicate. The female marsupial was scorched in the blaze, but got some TLC from a handsome firefighter — what more could you ask for? To see the video visit metronews.ca/metrotube.

5 Bookworms
GADGET Amazon.com is set to release a new version of its electronic reading device, Kindle — but it will only be available in the U.S. The new Kindle will hold up to 1,500 books and will have the exclusive release of a new Stephen King novella.

6 Recession protection
RECESSION In time for Valentine's Day, USA Today has reported that at least one industry is recession-proof. "With a crippled economy forcing millions to entertain themselves at home, it's not surprising that one particular product is seeing a sales increase — condoms." Sales of condoms rose six per cent in January, the paper adds.

7 Clever, clever
GAMES Is KenKen the next sudoku? The new game — its name means loosely "cleverness squared" in Japanese — began appearing in the The New York Times this week.

Mix of Six

Mozart in Love

When: Fri. and Sat. at 8 p.m.
Where: Jack Singer Concert Hall, EPCOR Centre
The Calgary Philharmonic Orchestra shows off their romantic side, playing pieces for Valentine's Day by Mozart, Wagner and Mendelssohn.

In the Heat of the Night

When: Fri. and Sat. at 6 p.m.
Where: Calgary Zoo

This Valentine's Day could be the perfect opportunity to find out about animal romance at the Calgary Zoo. The evening also includes a candlelight dinner in the Safari Lounge.

Latin Valentine's Day

When: Sat. at 9 p.m.
Where: SoHo Bar and Grill
Spend Valentine's Day at SoHo, where they promise an evening of Latin heat, complete with a five-course dinner and dance.

HOT & HAPPENING WEEKEND EVENTS AROUND THE CITY

For more great events around the city, visit: metronews.ca/entertainment

Cheech and Chong

When: Fri. at 8 p.m.
Where: Jubilee Auditorium
Catch Cheech and Chong as they tour for the first time in over 25 years. Don't bring the kids — there will be references to drugs.

Pirates of the North Saskatchewan 2

When: Fri., and Sat. and Sun.
Where: Jubilations Dinner Theatre
Live actors double as waiters

at Jubilations Dinner Theatre. This time around they're doing a sequel to their original Pirates of the Caribbean spoof.

Doubt

When: Fri., Sat. and Sun.
Where: Max Bell Theatre, EPCOR Centre for the Performing Arts
Theatre Calgary presents their version of the Broadway Hit, Doubt. Set in Catholic school, Sister Aloysius suspects a student is getting too much attention.

FRIDAY

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/13/09	primetime	2	CFRN 239 318	etalk	Hollywood	Raising the Bar (N)		Ghost Whisperer (N)		Flashpoint (HDTV) (N)		News (N)
		3	KHQ - 370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Howie Do It (N)	Howie Do It	Friday Night Lights (N)		Dateline NBC
		4	CBXT - 307	Coronation St.	Jeopardy! (N)	Rick Mercer	Marketplace	CBC News: the fifth estate (N)		CBC News: The National		The Hour
		6	KREM - 372	News (N)	Hollywood	The Doctors (N)		Ghost Whisperer (N)		Flashpoint (HDTV) (N)		NUMB3RS
		7	CKEM 241 347	Law & Order: SVU	Man Tracker			Survivorman		Crusoe		Your City
		8	CITV 240 339	ET Canada	Entertainment	NUMB3RS "Guilt Trip"		Howie Do It (N)	Howie Do It	(10:01) Dollhouse (N)		News Hour
		12	CBXFT 119 705	Du cœur au ventre (SC)		Paquet voleur (HDTV) (SC)		Une heure sur Terre (SC)		Le Téléjournal et Les Nou		TJ Alberta
		13	KXLY - 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Wife Swap (N)		Supernanny (N)		20/20 (N)
		16	KAYU - 373	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Sarah Connor Chronicles		(10:01) Dollhouse (N)		News (N)
		19	CHTV -	The Insider (N)	E News	Fashion Police-Grammy		20/20 (HDTV) (N)		Friday Night Lights (N)		News (N)
		22	KSPS - 374	NewsHour With Jim Lehrer		Wash. Week	McLaughlin	Bill Moyers Journal (N)		NOW on PBS	Being Served	Vicar of Dibley
2/14/09	news	15	CBCN 502 -	CBC News: The National		Doc Zone (HDTV)		CBC News: The National		CBC News: The National		Doc Zone
		54	CTVN 501 391	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
		20	TSN 400 400	NHL Hockey Montreal Canadiens at Colorado Avalanche. (HDTV) (Live)				SportsCentre		Score Golf		Winter X
		23	net 408 418	Darts World Premier League.				Hockey Central		Flames Week		Sportsnet Connected
		47	SPEED 417 406	NASCAR Racing: Camping World Truck Series		Bullrun (N)		NASCAR Live		NASCAR Racing: Sprint Cup Practice		Ult. Fighter
		94	SCORE 410 403	(6) WWE SmackDown!		Score Tonight		Hardcore Hockey Talk		WWE SmackDown!		
		14	YTV 552 543	iCarly	Prank Patrol	Just My Luck ★ (2006, Romance-Comedy)	Lindsay Lohan, Chris Pine.					Falcon Beach
		17	TREE 553 546	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Max & Ruby	Dragon	Backyardigans	Dora-Explorer	Go, Diego, Go!
		45	FAM 557 541	Zoe 101	Latest Buzz	Wizards-Place		(2006)		(10:08) High School Musical 2 (2007)		
		25	A&E 615 520	CSI: Miami (HDTV)		CSI: Miami "Bloodline"		Criminal Minds (HDTV)		CSI: Miami (HDTV)		CSI: Miami
		29	FOOD 603 561	Kylie Kwong	Gourmets	Diner, Drive-In	Diner, Drive-In	Ramsay's Kitchen Nightmares		Challenge		Kylie Kwong
		32	DISC 520 505	Man vs. Wild "Yukon"		Deranged (N)		Daily Planet		Man vs. Wild "Yukon"		Project Earth
2/14/09	cable variety	38	SPIKE 628 584	DEA Busting up a stash house.		Real Vice	Real Vice	Disorderly Conduct: Video		MANswers	MANswers	GameTrailers
		43	SPACE 627 528	Supernatural		Battlestar Galactica (N)		JASON X ★ (2002, Horror)	Lexa Doig.	Lisa Ryder.		Child's Play
		50	STAR 621 56	At the Movies	Living the Life	The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)		Living the Life

SATURDAY

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/14/09	primetime	2	CFRN 239 318	W-FIVE		Law & Order (HDTV)		Law & Order: Criminal Intent		Law & Order: SVU		News (N)
		3	KHQ - 370	News (N)	Paid Program	CSI: NY "Stealing Home"		Law & Order: Criminal Intent		Law & Order: SVU		Law & Order
		4	CBXT - 307	NHL Hockey		NHL Hockey Calgary Flames at Phoenix Coyotes. (HDTV) (Live)						HNIC -- After Hours
		6	KREM - 372	News (N)	Scrubs	Houses For	Paid Program	NUMB3RS "In Security"		NCIS (HDTV)		48 Hr. Mystery
		7	CKEM 241 347	Without a Trace		Less-Kind	Kaya	Killer Bash (2005, Horror)	Raquel Riskin. (DVS)			The City Show
		8	CITV 240 339	Global Currents-Homefront		Masterminds	Masterminds	Doc "Welcome to NY"		Go Deep "Underwater"		News (N)
		12	CBXFT 119 705	Le Moment de vérité (SC)		3600 secondes d'extase (SC)		Les Tudor (HDTV) (N) (SC)		Le Téléjournal	Humanima	Cover Girl
		13	KXLY - 371	4 News at 6	The Insider (N)	Entertainment Tonight		Be My Valentine		Grey's Anatomy		Practice
		16	KAYU - 373	House "Euphoria"		Two/Half Men	Two/Half Men	Cops (N)	Cops	America's Most Wanted		News (N)
		19	CHTV -	Chef School	E News	A Valentine Carol (2007, Romance)	Emma Caulfield.			Show Yours	G-Spot	E News
		22	KSPS - 374	Andre Rieu: Live in Vienna				My Music: Doo Wop Love Songs				Roy Orbison
		15	CBCN 502 -	Sat. Report	Mansbridge	CBC News: the fifth estate (N)		Sat. Report	Fortune	Sat. Report	Mansbridge	fifth estate
2/15/09	news	54	CTVN 501 391	CTV Newsnet-Scott Laurie		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
		20	TSN 400 400	(6) NBA Basketball 2009 All-Star Skills Competition.				SportsCentre		Boxing: Chagaev vs. Drumond		
		23	net 408 418	Darts World Premier League.				The Ultimate Fighter		Saturday Night Poker		Sportsnet Con.
		47	SPEED 417 406	Auto Racing: Midget Nationals		VW Jetta TDI Cup Racing		Wrecked	Wrecked	Pinks (HDTV)	Pinks Outtakes	Auto Racing
		94	SCORE 410 403	College Basketball Ohio State at Wisconsin. (Live)				BodogFight		MMA Show	Strikeforce	Final Score
		14	YTV 552 543	Charlie Brown	My Valentine	Team Galaxy	Team Galaxy	Zixx Level	Storm Hawks	Naruto	Bleach	Ghost
		17	TREE 553 546	Bucket-Dinos	Dragon (DVS)	Rolie Polie Olie	Little Bear	Strawberry Shortcake-Pets		Backyardigans	Dora-Explorer	Go, Diego, Go!
		45	FAM 557 541	Natural-Sadie	Flight 29 Down	That's-Raven	Zoe 101	Life Derek	Han. Montana	Magic in the Water ★★ (1995, Fantasy)		
		25	A&E 615 520	CSI: Miami (HDTV)		CSI: Miami "Sunblock"		CSI: Miami (HDTV)		CSI: Miami (HDTV)		CSI: Miami
		29	FOOD 603 561	Top Chef		Hell's Kitchen		The F Word		Challenge Awards cake.		Top Chef
		32	DISC 520 505	Destroyed	Time Warp	Criss Angel	Criss Angel	Guinea Pig (N)	Guinea Pig	Destroyed	Time Warp	Criss Angel
		38	SPIKE 628 584	Star Wars: Episode II -- Attack of the Clones ★★ (2002, Science Fiction)	Ewan McGregor.					The Hills Have Eyes ★★ (2006, Horror)		
2/15/09	cable variety	43	SPACE 627 528	Fringe "Ability" (HDTV)		Decoys 2: Alien Seduction (2007, Comedy)	Kim Poirier.			(10:15) Elektra ★★ (2005, Action)		
		50	STAR 621 56	Blush: Make-Up Artist		Relative Madness		Best Dressed	Fabulous Life	TMZ		Relative Mad

SUNDAY

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/15/09	primetime	2	CFRN 239 318	Star Wars Clo.	Degrassi: TNG	The Mentalist (HDTV) (N)		The Amazing Race 14		Desperate Housewives		News (N)
		3	KHQ - 370	News	Best Sports	Dateline NBC				XIII (2009, Suspense) Val Kilmer.		
		4	CBXT - 307	Heartland (N) (DVS)		Booky's Crush (2009, Drama)	Megan Follows.			CBC News: Sunday Night (N)		Who Do-Think
		6	KREM - 372	News (N)		60 Minutes		The Amazing Race 14		Cold Case (HDTV) (N)		The Unit
		7	CKEM 241 347	2Half Men	2Half Men	Friends	Friends	Rock of Love Bus With Bret Michaels		Most Amazing		Reviews
		8	CITV 240 339	16:9 Picture	American Dad	(8:01) Brothers & Sisters (N)		The Simpsons	King of the Hill	Family Guy (N)	American Dad	News (N)
		12	CBXFT 119 705	Découverte (N)	Et Dieu créa	Tout le monde en parle (HDTV) (SC)				Le Téléjournal		Studio 12 (SC)
		13	KXLY - 371	News	Basketball	Funnyest Home Videos		Extreme Makeover: Home		Desperate Housewives		Brothers
		16	KAYU - 373	House "Forever"		TBA	American Dad	The Simpsons	King of the Hill	Family Guy (N)	American Dad	News (N)
		19	CHTV -	Inside Hollywood		The Best Years (DVS)		Extreme Makeover: Home		XIII (2009, Suspense) Val Kilmer.		
		22	KSPS - 374	Lancaster at War (DVS)		Nature (HDTV) (N) (DVS)		Masterpiece Classic (N) (DVS)		American-Stmp		Mystery!
		15	CBCN 502 -	CBC News: Sunday Night		Marilyn's Last Sessions	The Hollywood sex goddess. (N)			CBC News: Sunday Night		Marilyn
2/15/09	news	54	CTVN 501 391	CTV Newsnet-Scott Laurie		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
		20	TSN 400 400	(6) NBA Basketball 2009 All-Star Game. (HDTV) (Live)				SportsCentre		PGA Tour Golf: Pebble Beach National Pro-Am		
		23	net 408 418	OHL Hockey		World Combat League		World Combat League		Sportsnet Connected		Poker
		47	SPEED 417 406	Wind Tunnel-Despain		Pinks -- All Out		Wrecked	Wrecked	Wrecked	Wrecked	SuperCars
		94	SCORE 410 403	Strikeforce		World Cup of Poker		Poker Million Pound Challenge.		Poker 888.com UK Open.		Final Score
		14	YTV 552 543	Over the Hedge ★★ (2006, Comedy), Garry Shandling				SpongeBob	Prank Patrol	The Next Star		Adrenaline Proj
		17	TREE 553 546	Rolie Polie Olie	Mighty Mach	Bucket-Dinos	Toy Castle	Tipi Tales	Dragon (DVS)	Backyardigans	Dora-Explorer	Go, Diego, Go!
		45	FAM 557 541	Natural-Sadie	Flight 29 Down	That's-Raven	Zoe 101	Life Derek	Han. Montana	Miracle ★★ (2004, Drama)	Kurt Russell.	
		25	A&E 615 520	CSI: Miami (HDTV)		The Sopranos "Stage 5"		The Sopranos "Stage 5"		CSI: Miami "Speed Kills"		CSI: Miami
		29	FOOD 603 561	Iron Chef America		The Next Food Network Star		The Heat	The Heat	Challenge		Iron Chef Am.
		32	DISC 520 505	Scandals of the Ancient World		MythBusters		Anthony Bourdain		Machines of Malice		Ancient World
		38	SPIKE 628 584	UFC Unleashed		Ways to Die	Ways to Die	MANswers	MANswers	MANswers	MANswers	DEA (HDTV)
2/15/09	cable variety	43	SPACE 627 528	Eureka		Paycheck ★★ (2003, Science Fiction)	Ben Affleck, Aaron Eckhart.					Hackers (1995, Suspense)
		50	STAR 621 56	Look-A-Like	Look-A-Like	Girl Next Door	Living the Life	Scoring With the Stars		Scott Baio, 45	Old Skool	Girl Next Door

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Mandy Moore will tie the knot with her musician beau Ryan Adams, her publicist confirmed to People magazine. Details weren't immediately available. Moore, 24, and Adams, 34, had dated off-and-on since March 2008. **METRO NEWS SERVICES**

Moore engaged to be married

Celebrity Buzz

Lesson in manners set for Prince Harry

PEOPLE Prince Harry has been ordered by his army bosses to enrol in equality and diversity lessons, people.com reports.

The sessions are the disciplinary actions assigned after the third in line to the crown was caught on video referring to a fellow soldier as a "Paki," People magazine has confirmed.

The news also comes a day after it was reported that Harry, 24, told a comedian, "You don't sound like a black chap."

Comic Stephen K.

Amos, the target of Harry's "black chap" remark at Prince Charles' 60th birthday party in November, said there were no hard feelings towards Harry and he (Amos) had not taken offence.



GETTY IMAGES PHOTOS

a comedian it is my job to find the funny. I was honoured to be asked to perform at the 60th birthday comedy event for Prince Charles," said Amos. "I do not believe Prince Harry was racist to me."

The army course in diversity will take place soon, royal insiders tell People. Harry is expected to attend the lessons over a period of days.

Thursday, Harry's office at St. James's Palace told People, "Prince Harry has said he is sorry for his remarks. He has been subjected to the normal army disciplinary procedures."

METRO NEWS SERVICES

Britney a desperate housewife in video?

VIDEO Britney Spears is a mega pop star, a mom of two — and now a happy homemaker in her new video, people.com is reporting.

The singer, who plans to hit the road for her Circus tour next month, spent Tuesday filming the video for her upcoming single If U Seek Amy, in which she plays a sexy housewife dressed in blonde '50s style wig, fitted pink top and white skirt. "The video begins with Britney coming outside her house to hand the paparazzi an apple pie that she baked," says a source. "She acts like she wants to hook up. The video is very provocative."



METRO NEWS SERVICES

Fan support swells online for Rihanna

INCIDENT Days after Rihanna was allegedly beaten by her boyfriend, Chris Brown, fans are filling her MySpace page with words of encouragement, people.com reports.

"YOU deserve BETTER," writes Jessica.

"I just want to say that I really hope you get better soon," says Morgan. "You are such a great and strong woman."

A fan named Leiah'ena even offered the Barbados-bred singer (who hasn't been seen in public since the Sunday morning incident) refuge in Hawaii.

"Keep shining that smile of yours!" says Leiah'ena. "Need to get

away for a while hit me back, my family owns some private beaches if you wanna wine (sic) down and relax with some of your family or friends."

Even celebrity pal Kanye West has spoken about the incident, telling Ryan Seacrest on his Tuesday radio show, "I feel like that's my baby sis and I would do any and everything to help her in any situation."

When it comes to their feelings about Brown — who is due in court March 5 — Rihanna's fans offer mostly blunt words of advice, people.com adds.

Writes Grantos: "Leave His A—."

METRO NEWS SERVICES



Tara says she was sad

PEOPLE Tara Reid checked into rehab because she was "sad and conflicted," femalefirst.co.uk reports.

The 33-year-old actress recently completed a 60-day stay at Malibu's Promises rehab centre — where Lindsay Lohan and Britney Spears have previously been treated — for substance abuse, and insists the move was the "greatest decision" she has ever made.

She said: "I didn't like the person I was. I was sad and conflicted."

"Some people get forced to be in rehab. I went there by myself. I put myself

there. It was the greatest decision I ever made."

Tara insists checking into the facility was one of the toughest times she has ever been through, but is delighted with the effect the treatment had on her.

She added to In Touch Weekly magazine: "Rehab saved my life. Before I used to think about tomorrow and I hated it. Now I can't wait because I am clean and sober and I am excited."

METRO NEWS SERVICES



No diet, no gyms: Scarlett

PEOPLE Scarlett Johansson has come out firmly against dieting and gyms. The voluptuous young star even claims she's never been to a gym. "I have never been on a diet in my whole life," she says, according to Sky

Showbiz. "I've seen gyms only from the outside."

I feel very comfortable with my body."

And as for stick-thin celebrities, Johansson says she doesn't get it. "Count me out. I don't understand what's supposed to be sexy there. And besides, I like to eat too much."

METRO NEWS SERVICES



Jackson suffers complications

HEALTH Looks like Michael Jackson's latest round of plastic surgery may have caused some unplanned health problems.

According to the Sun, the former King of Pop is receiving IV antibiotics for a severe staph infection he contracted

during work to reconstruct his nose. "The disease is an MRSA-style infection because it is resistant to conventional antibiotics," a source tells the newspaper. "There's a chance it could turn into a flesh-eating disorder where it begins to kill off his skin, so he's being very carefully monitored."

METRO NEWS SERVICES

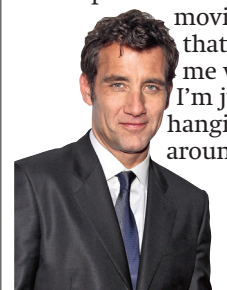


Owen indifferent about his looks

IMAGE Clive Owen doesn't care about his looks, femalefirst.co.uk reports.

The Children of Men actor doesn't make any effort with his appearance in his "normal life," despite being regarded as a Hollywood heartthrob.

He said: "Any actor who starts taking the tag 'sex symbol' seriously or thinks of themselves as a sex symbol has got some serious problems. When I'm in my normal life I care very little about how I look. Sometimes I have to dress up when I'm making movies, but that's not me when I'm just hanging around."



METRO NEWS SERVICES

Rourke falling for Courtney Love?

ROMANCE Looks like Mickey Rourke and Courtney Love's longtime friendship has jumped to the next level.

The two stars have been dating secretly for about a month, according to the Daily Mirror. "Mickey texted Courtney totally out of the blue, around the time of the Golden Globes, asking to take her out for the night," a source tells the newspaper. And while she didn't end up as his date for the awards show, they allegedly still found time for each other.



METRO NEWS SERVICES

new

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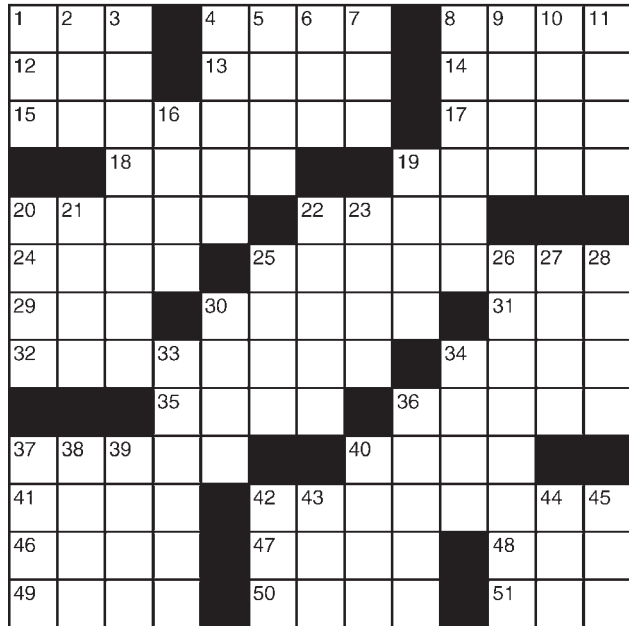
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**Friday**Cloudy, fog
-14°C / -26°C**Saturday**Mostly cloudy
-14°C / -24°C**Sunday**Mostly cloudy
-14°C / -23°C**Michele McDougall, Weather Specialist & Host – Breakfast Television**

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." **WEEKDAYS AT 6 A.M.**



Take Five



Crossword across

- 1 Muppet master Henson
4 Look-alike
8 Low range
12 Literary collection
13 Head light?
14 Easter flower
15 Redo
17 In due time
18 Uncomplicated
19 Mexican's ancestor, maybe
20 Squander
22 Exposed
24 Grounded flock
25 Luthor's enemy
29 Standard
30 Ancient Dead Sea region
31 Carte lead-in
32 Hitchcock classic
34 Vail gear
35 Roddick of tennis
36 Performs, biblically
37 Home of America's largest urban zoo
40 Drink
41 Trickster god
42 Get amorous
46 Ostentation
47 Garfield's pal
48 Lubricant
49 Mediocre
50 Poetic foot
51 Today's "groovy"

Crossword down

- 1 Predicament
2 — fix
3 Guaran-tee
4 More than just that?
5 Undulating
6 — de-France
7 Clause connector
8 Sports jacket
9 — She Sweet?
10 Plum-like fruit
11 Harmonization
16 Chow
19 Vicinity
20 Cried
21 Asian servant
22 Crony
23 Tarzan's clique
25 Irrational number
26 Indemnify
27 Settled down
28 One of CSN&Y
30 Hoodoo
33 Exile
34 Ground
36 Uncool sort
37 Let the cat out of the bag
38 Irritate
39 Gumbo need
40 Read cursorily
42 Miss Piggy's pronoun
43 Oklahoma city
44 Compete
45 Will Ferrell movie

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	9	2	4	1	3	6	7	8
7	1	4	6	8	9	3	5	2
3	6	8	2	7	5	4	9	1
6	3	9	8	2	4	5	1	7
1	8	5	7	9	6	2	3	4
2	4	7	5	3	1	8	6	9
4	5	1	9	6	8	7	2	3
8	2	3	1	5	7	9	4	6
9	7	6	3	4	2	1	8	5

Find today's answers + play more games at metronews.ca

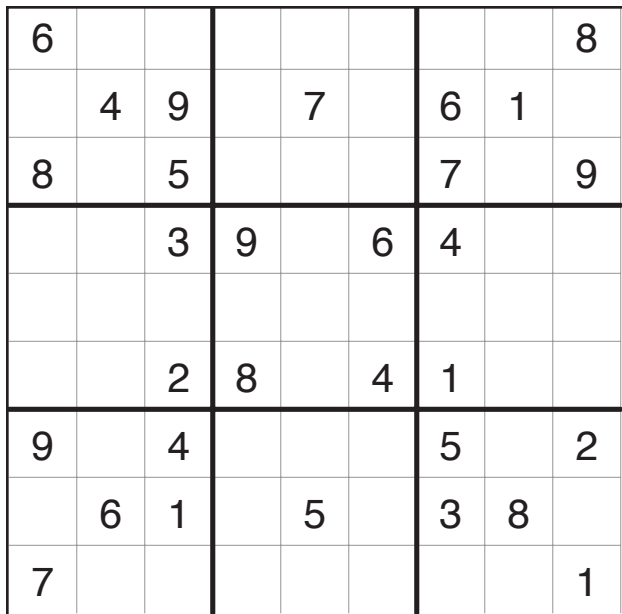
SUDOKU SOLVE TIME:

Under 13 min Genius
13-17 min.....Scholar

17-21 min Smart
21-25 min Not bad
25+ min.....Keep practising

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



French Tuna and Bell Pepper Salad

INGREDIENTS:

14 oz (400 g) new potatoes
1 3/4 oz (50 g) green beans
7 1/2 oz (220 g) mixed salad greens
1 tbsp (15 ml) chopped parsley
1 tsp (5 ml) snipped fresh chives
1 small red onion, thinly sliced
1 tbsp (15 ml) black olive tapenade
2 garlic cloves, chopped
2 tbsp (25 ml) extra virgin olive oil
1 tbsp (15 ml) red wine vinegar
1 tsp (5 ml) balsamic vinegar
Pepper to taste
10-15 radishes, thinly sliced
1 can (6 oz/170 g) tuna in water, drained
3 1/2 oz (100 g) cherry tomatoes
1 each of red, yellow and green pepper, seeded and thinly sliced
8 black olives

METHOD:

1. Place potatoes in a pot and cover with boiling wa-

ter. Cook over medium heat 10 minutes. Add green beans and cook 5 minutes or until potatoes are tender and beans are just cooked. Drain well and set aside to cool.
2. Toss the salad greens with the parsley, chives and red onion in a large shallow bowl.
3. For dressing, mix tapenade with garlic, olive oil, red wine vinegar and balsamic vinegar, and season with pepper. Pour two-thirds dressing over salad greens and toss well to mix.
4. Halve potatoes and arrange on top of salad greens with green beans, radishes, tuna, tomatoes, peppers and olives. Pour over remaining dressing, garnish with basil leaves and serve.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20



A guy's inconsistency expresses his inner turmoil. A man with a plan makes a profound speech. Someone's false move weakens your desire.

LIBRA

SEPT 23-OCT 23



A trusted person returns and cheers you. A predicament is caused by a desperado who takes control. A woman's dream resolves a dilemma.

TAURUS

APRIL 21-MAY 21



Contact your most important admirer for help. The bearer of good news will get a free dinner. A demented associate will make you laugh.

SCORPIO

OCT 24-NOV 22



A voice from the past makes you nostalgic. Someone's self-involvement puts your teeth on edge. A power play leads to bonding with others.

GEMINI

MAY 22-JUNE 21



Foolish expectations go up in flames. Don't take it personally when anyone is disappointed. A commonplace approach to problems isn't effective.

SAGITTARIUS

NOV 23-DEC 21



A chatty associate will insist that a conflict be settled. Be cautious and stay on top of breaking news. Stoke up a friend's damaged self-esteem.

CANCER

JUNE 22-JULY 22



Your social life gets busy and friendships will grow. Camaraderie develops with a kind woman. Your anxiety will be relieved by good news.

CAPRICORN

DEC 22-JAN 20



A sincere lover passes a test. Finding new helpers is easier than you expected. Somebody's pleasure-seeking will stick in your mind.

LEO

JULY 23-AUG 23



Something pleasant happens to you in public. Certain tasks will have to be faced immediately. You'll think about the kindness of a stranger.

AQUARIUS

JAN 21-FEB 18



Other people look to you for leadership. A friendship may be damaged by having a sense of duty. Self-medicating will have a puzzling effect.

VIRGO

AUG 24-SEPT 22



Your personal charm and charisma are at an all-time high. Prepare yourself to have an intense chat. A lonely person will return home.

PISCES

FEB 19-MARCH 20



Release your unhappiness and move on. Make sure that all loose ends are tied up. Use your compassion to forestall a serious confrontation.

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